



## MY VIEW

### Chesed: A Gift

BY GABRIELA KRAVETZ

Coming to BYD from Mexico has changed me in many ways, spiritually as well as academically. The main way I have changed here is in the way I view the concept of chesed.



At Bais Yaakov, I have had the opportunity and honor to meet one of the most amazing people, Mrs. Melamed. I was assigned to do chesed at her house. Previously, when thinking of chesed, I only pictured things like going to a gemach or nursing home just to complete required community service hours so I could graduate. Mrs. Melamed has changed that perspective.

The first time I went to Mrs. Melamed's house, I was a little nervous because I didn't know how it was going to work and was afraid it would be awkward. When I arrived, she opened the door with a big smile on her face and the first thing she did was offer me food, not letting me say no to some cookies. We started to set the table, put out the Shabbos candles, and bake one of her amazing recipes. The hour flew by and before I knew it the dorm van had arrived to take me back.

Every time I go to her house, I experience what true emunah is; I certainly gain more by spending time with her than Mrs. Melamed gets from my help. Now, for me, chesed is not a "must" but a gift.

I love that in BYD they encourage girls to do chesed, in a way that is beautiful and meaningful. Here, you really feel as though you make a difference.

Gabriela Kravetz is a junior at Beth Jacob, graduating class of '19

## Count Down to the Reunion

### Reconnect, Reunite, Reignite!

Over the last fifty years, Bais Yaakov of Denver has been home to girls from all around the world. From Moldova to Mexico to Costa Rica, hundreds of girls have found their way to 5100 W. 14th Ave. After they graduate, students once again disperse to the four corners of the globe.

With the geographical spread of Bais Yaakov's alumnae, it's a daunting task to organize a reunion that aims to bring together as many of BYD's eight hundred past students and staff as possible. However, that's exactly what Mrs. Rochie (Londinski) Cynamon and her band of Alumnae volunteers have managed to do over the last few months. These determined women have been calling, emailing, texting and writing every student and staff member who has passed through the halls of Bais Yaakov of Denver over the last half century in preparation for June 3rd's grand jubilee reunion.

As the event quickly approaches, finishing touches are being put in place. The event, which will take place at the Dyker Beach Golf Course in Brooklyn, New York

at 6:15, will feature not only good food, dancing and lots of ruach, but will also include a nostalgic video presentation, a special BYD trivia challenge and many more surprises. It is

to this reunion! It will be an opportunity to reconnect with friends and classmates who meant the world to us. It's a chance to revisit a time in our lives when our futures lay before

us and to re-ignite some of the passion and excitement that made everything seem possible. It will be a walk down memory lane and an opportunity to thank Rabbi and Mrs Schwab and the teachers and dorm counselors who invested in us and our future and made a world of difference."

With the reunion now only a few weeks away, the anticipation is mounting. "I can almost feel the electricity in the air now!" Rochie Cynamon recently wrote. "Imagine a room with fifty years of classes uniting for the first time, meeting and greeting former classmates

and friends that shared such formative years together! There will be stories and laughter that only those who've been through an experience together can share."



the hope of the organizers that, in addition to being an exciting evening out, the reunion will reignite relationships, spark alumnae organization and provide opportunities for everyone to network with past and present Bais Yaakov students and staff.

Lauren (Ruchelman) Schaps, class of '81 and one of the event organizers captures the feelings of those involved, "I am so looking forward

Reservations and information:  
917.364.6363  
reunion50bjhs@gmail.com  
www.bjhs.org/reunion

RSVP by Wednesday, May 16th

## The Rabbi and Mrs. Schwab Legacy Fund Shas Campaign

At the 50th Anniversary Gala event in January, it was announced that a Legacy Fund would be established as an expression of appreciation for Rabbi and Mrs. Schwab's 50 years of dedication to Klal Yisroel. A beautiful Shas will be presented to Rabbi Schwab at this year's Bais Yaakov of Denver Graduation on Sunday, June 10th, G-D willing.

The Legacy Shas Dedication provides an opportunity for everyone to participate in this honor to the school's educational founders. Donors can dedicate a Daf/Folio, Perek/Chapter, Mesechta/Tractate, Krach/Volume or entire Seder/Order of Shas. A beautiful plaque listing the names of Perek/Chapter dedicators and upward will be displayed in the Beth Jacob Educational building. Those wishing to participate may call the Beth Jacob office at (303) 893-1333, or contact the office through the school website at [www.bjhs.org/shas](http://www.bjhs.org/shas).



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**Asbestos Announcement—  
To All Interested Parties**

This notice is to inform all interested that a mandatory Asbestos Hazard Emergency-Response Act (AHERA) school inspection was performed at the Beth Jacob High School in 1988 and an AHERA management plan for the school was accepted. The management plan is available for viewing by interested parties, Monday through Thursday, 8:00 a.m. through 5:00 p.m., and Friday 8:00 a.m. through 3:00 p.m., at the administrative office in the high school, 5100 W. 14th Ave. Copies will be available for \$25 within five days of written request. The few remaining asbestos-containing building materials are kept under the semi-annual surveillances required by law and are conducted by our trained personnel. In compliance with the law, Beth Jacob arranges for periodic re-inspections.

Mr. Don Gallard/  
designated person/local  
education agency

## Nostalgia Corner

### Jewish Woman of Tomorrow Shabbaton Convention '00

"This year's Shabbaton was the best"

"The Ahavas Yisroel and Achdus were felt by everyone."

Comments such as these were heard throughout this year's Shabbaton weekend from Shabbatoners and Bais Yaakov girls alike.

The tremendous impact that the Bais Yaakov girls made on the Shabbatoners was apparent by the way the girls participated in the activities and interacted with each other. All the activities, ranging from the inspiring Divrei Torah to the lively singing and dancing, generated a feeling of Ruach and Simcha that permeated the heart of every girl.

The theme of this year's Shabbaton was based on the Torah verse, "And I was made Holy amidst the Children of Israel." Each Jew is obligated to sanctify Hashem's name and take precau-

tions to not desecrate His Name through thoughtless actions.

Rabbi Schwab delivered a beautiful Dvar Torah on Shabbos to add to the many thought-provoking Divrei Torah presented throughout the entire weekend. Based on the Rambam, Rabbi Schwab taught that a person can make a Kiddush Hashem even in complete privacy. How? When a person is confronted with a choice to look at or read something that is inappropriate in Hashem's eyes and chooses not to do so, he is elevating Hashem's Name, or making a Kiddush Hashem. Rabbi Schwab emphasized the fact that there are limitless opportunities in a lifetime, even in one day, to make a Kiddush Hashem. The goal of a true Bas Yisroel should be to grasp every opportunity to make the proper Torah-based choices and sanctify Hashem's name!



## Alumnae and Staff Mazel Tovs

**ENGAGEMENTS:**

Faygel (Beren) Gruenbaum's son Shmuel Yitzchak to Yehudis Neuberger  
Aleeza Schwartz to Avrumi Reches  
Malka Feldheim to Shmuel Dovid Steinberg  
Elisheva (Schwab) Weiskopf's son Avi to Nechama Jacobs  
Chaya Tessler to Eliezer Baruch Berger  
Tamar Wilen to Ahron Michael  
Talía Bean to Yehuda Bloom

**WEDDINGS:**

Lainy (Lauer) Weinstein's daughter Raizy to Mordechai Lichtenstein  
Aliza (Kubie) Beyda's son Yosef to Yael Ahbut  
Ariella Moskowitz to Joel Sichel  
Chana (Gutman) Bilus' son Yona Tzvi to Nechama Cyperstein  
Hindy (Gertzulin) Anton's son Dovid to Tehilah Katz  
Racheli Felsen to Chaim Dovid Kaiser

**BIRTHS:**

Inbal (Ushdi) Michan - Reina  
Elisheva (Morris) Ebin - girl  
Leah (Karosik) Simckhovich - Yosef Sholom  
Mily (Sakal) Turquie - Amada  
Hadassah (Price) Mishory - girl  
Chana (Nortman) Rosenberg - Matisyahu Shlomo  
Mrs. Mira Freeman - Yosef Shalom

Penina (Hyman) Zussman - Nechama Tzipora  
Baila (Lauer) Eisenberger - twin grandchildren  
Chava (Heisler) Katz - Yaakov Aaron  
Renee (Judes) Heisler - grandson, Avraham Eliezer  
Dena (Heisler) Bornstein - boy  
**BAR MITZVAHS:**  
Shulamit (Feder) Brown's son Meir



**Bais Yaakov students and their guests enjoying this year's Shabbaton at Estes Park!  
March 14-18, 2018**

## Batya

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## ALUMNAE INTERVIEW

***“I Knew I Needed to be Involved!”******Rochie (Londinski) Cynamon  
and the Alumnae Ambassadors***

BY CHANA CHAVA FORD



“I was honored to receive a call from Assistant Dean Rabbi Aaron Yehudah Schwab, requesting that I head the reunion committee,” Rochie (Londinski) Cynamon recounts when asked how she got involved

in the formidable task of organizing Bais Yaakov’s grand 50th reunion. “Rabbi Schwab described the reunion that his parents envisioned, and I knew immediately that I needed to be involved. They are so deserving of our Hakaras HaTov!”

Rochie Cynamon, a graduate of Bais Yaakov’s class of ’85, is no stranger to rallying troops for worthy causes. Currently living in Brooklyn, NY, Rochie runs a non-profit organization, Bread for Israel. Every year, Bread for Israel mobilizes hundreds of donors and volunteers around the world to provide 1.5 million loaves of fresh bread to hungry children in Israel.

However, Bread for Israel was not her first foray into leadership. Rochie credits her years at Bais Yaakov of Denver as having instilled in her the confidence to manage and multitask such a large project. “My formative years at Bais Yaakov provided me with an excellent education, combined with an awareness of the needs of others. The nursing home visits, organizing the Shabbaton, and preparing Rosh Chodesh events were all venues that allowed me and my classmates to use our abilities and strengths outside of the classroom.”

That training continues to stand her in good stead today. She says that her BYD education still acts as a vital factor in her decision making. “There was a clarity transmitted by our teachers as to what was real, as well as how to combine our hashkafos with our daily lives. It helped, too, that we had fabulous staff who stood before us as premier examples.”

With this experience in mind, Rochie set out to help organize a once-in-a-lifetime event. “How amazing will it be to gather all of the Schwabs’ talmidos in one place? Imagine a room filled with the women of Klal Yisroel from around the globe who proudly wear the title of ‘Bais Yaakov of Denver Graduate’. That’s amazing nachas and, to my mind, a fitting way to thank Rabbi and Mrs. Schwab, as well as the entire hanhalah, past

and present.”

Having accepted the gargantuan task, it was now time for her to get things put together. “The first gigantic step I embarked upon was updating the school alumna list.” Over the years, Bais Yaakov of Denver has produced several alumnae contact booklets, however, as is natural, there were many entries that were missing information or needed to be updated. Families have moved, cell numbers have changed, and more and more alumnae have added email addresses as a means of connection.

Here is where the courageous Alumnae Ambassadors stepped in. One alumnus from every graduate class volunteered to track down her classmates and make sure that the information on record was correct. Though it was a significant time investment, the ambassadors felt the job a worthwhile one. “The regards from those calls have touched us. Classes have united after years of losing contact with each other. Friendships have been rekindled, and the enthusiasm from each student receiving a personal call from a former classmate has further fueled the excitement of meeting one another at the reunion,” Rochie says. “It has been years, and for some decades, since they’ve spoken with their classmates, but the keshet is so strong that the conversations continue from where they left off all those years ago. The ties and bonds created at Bais Yaakov are ones that are deeply rooted.”

She and the rest of the dedicated organizers are now putting together the finishing touches to the reunion schedule, and it is promising to be an event you won’t want to miss. “There is going to be a trivia game that will bring down the house with laughter, a video that will highlight BYD throughout the decades with different memories, as well as many wonderful surprises. True, there will be many different generations in one place, but we’ll be united through the common thread of our years at Bais Yaakov and our valued principals and role models.”

When asked what she thinks will be the highlight of the evening, Rochie doesn’t hesitate. “Rabbi Schwab addressing us. It was his and Mrs. Schwab’s hashkafa, their nurturing us individually to grow into the best people we could be, and their encouraging us to build Torah homes throughout the world, which made us into the women we are today. I don’t think I’m alone in looking forward to once again hearing from our principal.”

*Chana (Perton) Ford is an English teacher at BYD and a graduate of ’08.*

***Alumnae Reunion Committee***

Rochie (Londinski) Cynamon ’85  
Lauren (Ruchelman) Schaps ’81  
Rivka (Nortman) Leyton ’13  
Celia (Lewitt) Feder ’73  
Israel Representative  
Ruth Hilu ’08  
Mexico Representative

***Class Ambassadors***

Goldie (Feder) Silverstein ’71  
Chaya Chana (Rice) Cohen ’71  
Pessy (Schulman) Butler ’73  
Brenda (Berkowitz) Sokoloff ’73  
Chaya (Melamed) Kruk ’74  
Elyse (Goodman) Rosen ’75  
Faygie (Weiss) Deutsch ’76  
Libby (Chapman) Leibowitz ’77  
Feige (Kulefsky) Gruman ’78  
Dena (Fisher) Yellin ’79  
Chaya (Wagner) Meyer ’80  
Shira (Abramson) Nudell ’81  
Leba (Joselit) Berkowitz ’82  
Shifra (Horvitz) Haskell ’83  
Segal (Dan) Schonfeld ’84  
Allison Cohen ’85  
Keren (Koll) Traub ’86  
Rochelle (Fine) Einhorn ’87  
Shana (Aaron) Schuman ’88  
Malky (Robinson) Cagan ’89  
Deena (Sandock) Abraham ’90  
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Lainy (Lauer) Weinstein ’93  
Yosefa (Roberts) Uhr ’94  
Dena (Heisler) Borenstein ’95  
Rivka (Nadoff) Halberstam ’96  
Chava (Zussman) Jacobson ’97  
Chaya (Shleifer) Berelowitz ’98  
Rebecca (Lapin) Masinter ’99  
Sara (Paru) Weingot ’00  
Riki (Goldberg) Kushnir ’01  
Devorah (Meyer) Buxbaum ’02  
Hadassah (Price) Mishory ’03  
Miryam (Heisler) Schloss ’04  
Elisheva (Pindik) Pivalsky ’05  
Shiffy (Polter) Cooper ’06  
Hadassah (Fisherowitz) -  
Moldovan ’06  
Daniella Last ’07  
Shoshana (Meyer) Ort ’08  
Chana (Crane) Mainstain ’09  
Rivka Heisler ’10  
Nechama (Meyer) Siderson ’11  
Fraida (Rosskamm) Balaban ’12  
Rivka (Nortman) Leyton ’13  
Chana Wurga ’14  
Irit Kaufman ’15  
Michal Wurga ’16  
Faigy Berkowitz ’17

# Rolling Toward the Reunion!

BY DEENA SANDOCK ABRAHAM



As I type this column, the Bais Yaakov Denver reunion is on my mind. Is there some kind of parallel between a recipe column and the reunion? I've seen cookbooks that feature recipes to make when feeding a large group of people. That would be helpful for someone hosting a reunion. But, recipes that yield 100 servings probably don't have much appeal to the readers of the Batya. How often are we cooking for such a large number of people?

Then, I found myself nostalgically thinking about my high school years. Specifically about food. When I was a student in BJHS, our cook was named Artie. I remember that aside from just serving cold cereal each morning, Artie always prepared something hot. One day there were eggs, another day pancakes. The breakfast that I found most impressive was cinnamon rolls. It seemed like such a huge job to make those cinnamon rolls for the students every week. It wasn't until years later that it occurred to me that the cinnamon rolls might have been ready made and frozen. Still, having a warm breakfast really helped start the day off in a nice way. And those cinnamon rolls were really good!

The recipe I use for cinnamon rolls is really delicious. The rolls are soft

and moist. The secret ingredient is a yellow cake mix. Generally, I don't use cake mixes as I like cakes made from scratch. But even I have to admit that these cinnamon rolls that have a cake mix in the dough are the best.

This recipe makes a lot of cinnamon rolls. I find that I use about three 9x13" pans. It is a nice recipe to make if you like to share. Making the rolls in smaller pans, like 8" round pans, means that you can share a number of pans with friends,



neighbors, teachers, etc. This recipe does not serve 100, but it would certainly be worthy of being served at a reunion.

## CINNAMON ROLLS

- 5-6 c. flour
- 1 box yellow cake mix
- 4 tsp. yeast
- 2 ½ c. warm water
- About ¼ c. oil
- ¾ c. sugar
- 1 ½ tsp. cinnamon

- Frosting:
- 4 Tbsp. margarine
  - 2 c. confectioners' sugar
  - 1 tsp. vanilla extract
  - 2 Tbsp. pareve milk

Combine four cups of the flour with the cake mix, yeast, and warm water. Add the remaining flour as needed, until the mixture forms a soft dough. Knead the dough on a floured surface. Place the dough in a bowl, cover, and allow to rise for 45 minutes. Divide the dough into three sections. Remove one section of the dough and roll into a rectangle. Spread a thin layer of oil over the surface of the rolled dough. Combine the sugar and cinnamon and sprinkle about a third of the mixture over the dough. Roll the dough along the length into a log. Cut the log into slices that are about 1 ½" long. Place the slices on their sides in greased 9x13" pans. Repeat the process with the remaining sections of dough. Allow the cinnamon rolls to rise, covered, for about 20 minutes. Bake at 350 for about 12-15 minutes.

Make the frosting by creaming the margarine, confectioners' sugar, and vanilla. Gradually add the pareve milk as needed. Frost the rolls while they are still somewhat warm.

*Deena Sandock Abraham is a 1990 BJHS graduate.*

## THIRD QUARTER

### DEAN'S LIST

- ELISHEVA ABRAMS
- MICHAL ABRAMS
- RACHEL BADALOV
- BAILA BERKOWITZ
- TALY CARMONA
- RUTH MIRIAM COHEN
- ADINA DERR
- CHAYA KRAUSZ
- GABRIELA KRAVETZ
- YAAKOVA MAJOR
- NINA ORTEGA
- HADASSAH ROSSKAMM
- RIVKY SCHNALL
- Yael SCHWEITZER
- CHARNA STEINBERG
- NECHAMA WASSERMAN
- MIRIAM WILEN

## WHERE ARE THEY NOW?

### Miriam Heisler Schloss '04

Coming to Bais Yaakov from Minneapolis, MN was a transition, but well worth it. Though I graduated fourteen years ago, today I still have the actual notes I took in classes such as Mishlei and Supp Tanach and Tefillah, which I look back to when looking for day to day inspiration. I try to pass these lessons on to my own family as well.

I've just moved back to Minneapolis with my husband, Shlomo Schloss, and our two boys. I now own and operate a company called The Gluten-Free Artisan. We provide a delicious HaMotzi Challah for those who are wheat and/or gluten intolerant. You can find our products in most local Jewish stores. There is no doubt that the skills I learned in the general studies department at BYD greatly contributed to my ability to run the day to day operations of a business. Color War is the best marketing 101 class there ever was!



## FROM THE DESK OF MRS. BRURIA SCHWAB

# Empty Calories



A person on a "junk food" diet consumes a lot of calories. Cake, cookies, and chocolate chips are all high on calories, but low on nutrition. The body of such an individual craves nutrition but this person doesn't recognize the messages that the body sends him and continues to ingest what he craves, not what he needs.

The prophet Amos tells us that in pre-Messianic days there will be a great hunger in the land: not a hunger for bread and not a thirst for water, but rather an appetite to hear the word of Hashem.

Our souls crave spirituality, kedusha, and closeness with our Creator. However, when we "feed"

our souls with materialistic pleasures and acquisitions, our souls are still famished. An example where this is seen is in children's entertainment. Entertaining children has become more and more challenging over the years. What used to be fun is now boring. Summer camps constantly have to up the ante in order to compete with other summer camps.

Schools are not far behind. After a summer full of thrills it is hard to get back to structured classes, to the "meat and potatoes" diet of studies. What was exciting last year is dull and boring this year. We need to come up with newer excitement, with more creative activities. And just like our cars have more gadgets, our phones have more apps, our menus are more gourmet, and our wine selection more elaborate, so are our children's toys. Three year olds have watches. (Why not? You can get them for \$5.00!) The

race is never over! "This activity was done last year; therefore, you have to come up with something new."

We are investing time, money, and imagination in pursuit of excitement, but our souls are still empty. And as yearning for spirituality and closeness to Hashem are going unrecognized, much like the person who craves Laffy-Taffy and therefore cannot enjoy a meal of protein and vegetables. He is not used to the taste and doesn't appreciate the flavor of what is good for him. Who would prefer another chapter in a book over a game?

I realize that this message is hard to digest, especially since there is no simple solution. But we should nonetheless chew this over—trust me the calories are worth it!

*Mrs. Schwab is the religious studies principal of Beth Jacob High School.*